



International Index of Erectile Function Questionnaire

Name: _____

Date of Birth: _____

Date: _____

IIEF-5 Questionnaire	Over the past six months				
1. How do you rate your confidence that you could get and keep an erection?	1 Very low	2 Low	3 Moderate	4 High	5 Very high
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?	1 Almost never/never	2 A few times (much less than half the time)	3 Sometimes (about half the time)	4 Most times (much more than half the time)	5 Almost always/always
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	1 Almost never/never	2 A few times (much less than half the time)	3 Sometimes (about half the time)	4 Most times (much more than half the time)	5 Almost always/always
4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	1 Extremely difficult	2 Very difficult	3 Difficult	4 Slightly difficult	5 Not difficult
5. When you attempted sexual intercourse, how often was it satisfactory for you?	1 Almost never/never	2 A few times (much less than half the time)	3 Sometimes (about half the time)	4 Most times (much more than half the time)	5 Almost always/always

Total Score: _____

The IIEF-5 score is the sum of the ordinal responses to the 5 items.

22-25: No erectile dysfunction

17-21: Mild erectile dysfunction

12-16: Mild to moderate erectile dysfunction

8-11: Moderate erectile dysfunction

5-7: Severe erectile dysfunction

PS. Erectile dysfunction (ED), affecting men worldwide, is associated with worse mental health. The severity of ED as well as the effect of its treatment can be assessed using valid self-reported outcome measures. A widely used measure is the International Index of Erectile Function short form (IIEF-5). This evaluation tool is valuable for clinical use and interpreting results across international clinical studies. The context of a patient's sexual life is, however, indispensable and should be taken into account.